

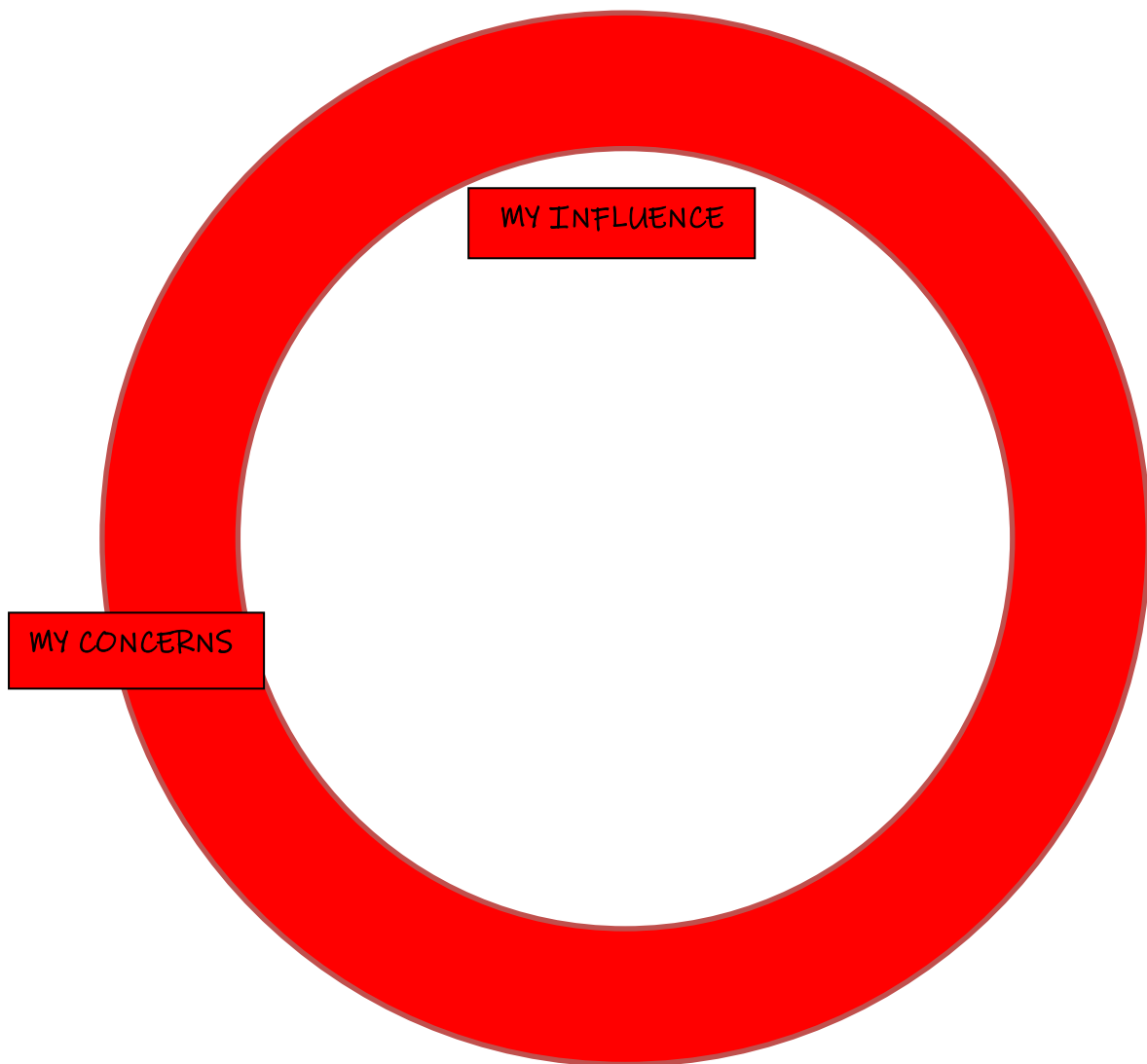


YOU HAVE MORE POWER THAN YOU EVER THINK

FIRST-Write down what concerns you and where you can be influential in your own life (use the circles below.)

THEN -Practice daily noticing shifting your focus to be a Brave Influencer in your own life...

what do you notice?



BRAVE YOUR DAY
Unit 3 @ Studio 17
1103, Argyle Street,
Glasgow, G3 8ND

☎ +44 (0)7540 345 416
🏠 www.braveyourday.com
🐦 @BraveYourDay
✉ charley@braveyourday.com

Registered Co. SC 568589
Registered Office:
Unit 3 @ Studio 17, 1103,
Argyle St, Glasgow, G3 8ND