



CHARLEY B-GAVIGAN
CURATOR + COACH

MY FAVOURITE QUOTE

*"Pursue the things you love doing,
and then do them so well that
people can't take their eyes off
you."*

Dr. Maya Angelou

WHAT I VALUE

- Freedom
- Creativity
- Love & Honesty
- Changing the world
- Exploration & learning
- Focus on today
- Relationships

CONTACT

Brave Your Day Ltd

Unit 3, Studio 17, Hidden Lane

1103, Argyle Street

Glasgow, G3 8ND

T (+44) 07540 345 416

E charley@braveyourday.com

EXPERIENCE

BRAVE YOUR DAY LTD

2017-PRESENT

Founder, Curator & Coach- Supporting people & communities to live and lead more bravely in uncertain times through Bravery Coaching, workshops & events

SOCIAL CARE IDEAS FACTORY

2011-2017

Founder & Curator – ideas incubator, co-producing health, social care & alternative economies with people & communities across UK & USA

GLASGOW SOCIAL CARE PROVIDERS FORUM

2006-2011

Founder & Manager – membership network, to represent, promote & safeguard the interests of third sector social care and support providers in Glasgow so that they can maximise the impact they have on meeting social need.

SCOTTISH DRUG FORUM-GLASGOW

2003-2006

Capacity Building Officer – supporting & coaching Glasgow addiction organisations to grow, collaborate, sustain and tender

TELEPHONE HELPLINES ASSOCIATION-UK

2002-2003

Development Officer – membership network, supporting needs of organisations delivering telephone helplines in UK.

CHARLOTTE PRODUCTIONS LTD- UK & USA

2000-2002

Director – design & launch of two award winning girls and women discussion Board games. Tracked by the Financial Times as a woman entrepreneur for a year & crowned 'Queen of Guerrilla Marketing'

GLASGOW WOMEN'S AID-GLASGOW

1992-2000

Refuge & outreach worker– providing emergency refuge accommodation & therapeutic coaching interventions with women & children fleeing domestic violence, abuse & trafficking

CHARLEY B-GAVIGAN
CURATOR + COACH

SAVE THE CHILDREN-POSSILPARK, GLASGOW

1991-1992

Befriending Coordinator – matching trained volunteer befrienders & coaches to vulnerable children & young people living in poverty who were at risk /or living in looked after services

CHILDLINE SCOTLAND

1987-1991

Co-Founder & Senior Counselling Supervisor – delivering national confidential telephone counselling helpline to children & young people in trouble or danger

THE RICHMOND FELLOWSHIP-GLASGOW

1985-1987

Live in Warden – therapeutic community providing coaching, counselling & experiential group work to adults in recovery

CREDENTIALS

- BA YOUTH & COMMUNITY WORK –GLASGOW UNIVERSITY
- CERTIFIED PROFESSIONAL CO-ACTIVE COACH-COACHES TRAINING INSTITUTE
- INTERNATIONAL COACH FEDERATION MEMBER

LEADERSHIP

I have a reputation for leading at the cutting edge. I have established many alternative economies such as **Trade School Glasgow**, a learning space based on barter, **Wee Enterprizers**, kitchen table business creation with disabled people and more recently East End **Glasgow Soup**, a neighbourhood crowdfunding public dinner where local people pitch ideas that benefit their community. More recently I have developed individual **Bravery Coaching** model with Glasgow women in and out of prison.

REFERENCES

DR ADELE PATRICK

Lifelong Learning & Creative Development Manager
Glasgow Women's Library
adele.patrick@womenslibrary.org.uk

VIDHYA ALAKESON

CEO- Power to Change
alakesonvidhya@yahoo.co.uk